

# Brain Injury - It only takes a second for a brain injury to occur, but the recovery is a lifetime

The numbers are staggering. It is estimated that over 400 people every day suffer a traumatic brain injury (TBI), with one person injured every three minutes in Canada -- the highest incidence of traumatic injury are men aged 16-24.

Even though there are various sites of impact to the head, there appears to be a consistent effect on the brain. According to the BC Brain Injury Association, the injury can be wide-spread, but it particularly affects the frontal and temporal lobes of the brain, resulting in changes in thinking, personality and behaviours.

The professional approach to caring for the brain injured client involves the development of a therapeutic working relationship. The staff at Westsyde Care Residence provide skills and support to the client so that they can meet his or her daily and long term goals. The professional relationship is centered

around the client's needs, goals, and wishes. This results in a care plan that is individual and meaningful for the client.

Planning health care services for the brain injured person can be overwhelming for all involved. There are many resources available throughout BC to assist patients, families and significant others, including one publication from the Ministry of Health Services and Ministry of Health Planning called '**Guidelines for Planning Brain Injury Services and Supports in British Columbia**' which lists a number of services at various levels of care and is accessible online. **E**

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## Westsyde Care Residence



- Specialized care for Brain-Injured Clients
- Private rooms
- 24-hour care staff
- Client-Centred Services
- Individual Rehabilitative Programs
- Facility Transportation to/from Appointments & Community Events
- Family-like Atmosphere
- Dietitian-Approved homemade meals
- Basic Cable, Internet, Laundry & Housekeeping

### Services Included

- Respite & Palliative Care, Day Programs
- On-site Mobility Equipment Maintenance
- Medication delivery & dispensing
- In-house Recreation Programs
- Community Social Integration
- Adults may range in age from 19 years of age to older adults



**WESTSYDE  
CARE RESIDENCE**

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