

Important information for Denture Users...

Clean Your Dentures Regularly.

Did you know that dentures can accumulate plaque and tartar just like your natural teeth? They can also stain. Therefore, it is important to brush your prosthesis using a toothbrush or denture brush, warm water, and antibacterial soap. Your dentures should also be soaked in a denture cleanser daily to eliminate debris, food particles, and bacteria. Be sure to rinse them well before reinserting them.

Does your denture fit not feel like it used to?

Over time, your gums inevitably change.

Relines and rebases of your existing dentures are two essential services that we offer to ensure you can still enjoy the comfort and reliability of a properly fitting dental appliance.

The process typically takes a day which means there should be no disruption to your regular life or schedule.

What is a Rebase and why should you get them.

Rebasing is the process of replacing the entire acrylic denture base providing a stable denture without replacing the denture teeth. A rebase for a denture maybe required if your denture is old or is cracked. As Loose, ill-fitting dentures cause many problems making it hard to wear and use your denture effectively. This includes sore gums, difficulty eating and talking, and even broken teeth or cracked dentures. Like any part of your body, your gums are changing. It is important to keep up with these changes so your denture continues to work comfortably and effectively. In a majority of cases, relines/rebases should be done every 2-3 years. They can often be completed the same day.

Wearing an ill-fitting denture without have checked regularly, can cause damage to your mouth that may require surgery



Make sure to REST YOUR GUMS!

Are you resting your gums at night? Since your gums support your dentures, it's important to rest them between 6 and 8 hours a day. Your gums were never meant to support an oral appliance 24/7, SO giving them a break will help keep them pink, healthy

and happy. The only exception to resting your gums would be in the first 24 hours of wearing IMMEDIATE dentures. In the case of immediate dentures, you will need to wear your dentures for the very first night of getting them. This is because your dentures are acting as a bandage over the extraction site in your mouth. However, once the 24 hours have passed you will need to take out your dentures at night so you're resting your gums.



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