

Enjoy the Sport of Curling

At the McArthur Island Curling Club our goal is to promote Curling and provide a welcoming facility where all people can enjoy the sport. Curling can be played by people of any age and ability and is an excellent way to make new friends and have a good time while keeping active and healthy. While most of our leagues are open to all people of all levels of experience, we have a few leagues specifically for seniors as well.

Our Tuesday/Thursday Seniors league is perfect way to be active, social and meet new friends. The McArthur Island Seniors Curling Club Curl every Tuesday and Thursday morning. New players are always welcome and there's no Curling experience necessary to join. There are currently between 60-70 players in the league. Every session the teams are shuffled so you have an opportunity to meet and play with more people from the league.

This season we will be introducing a Stick Curling League. This version of Curling has teams of two players delivering the stones

with specialized push sticks. The games are quicker than a regular Curling game but the fun is the same!

Every season the McArthur Island Curling Club offers two sessions of its very popular Learn to Curl Program. This is an 8 week program which covers the rules and basic techniques needed to get out and enjoy the sport of Curling. Learn to Curl classes are held Wednesday evenings from 7:00-9:00pm. The fall session runs from Wednesday October 12 to November 30, 2022. The Winter session will run from January 11 to March 1, 2023. The program cost is \$99.00 plus GST and includes all coaching and necessary equipment.

Our rink is also available for private bookings and special events.

To register or for more information about the many programs and events offered at the McArthur Island Curling Club please email micc1@telus.net, call 250 554 1911 or visit mcarthurislandcurlingclub.com



**HURRY!
HARD!**

**FALL + WINTER
PROGRAMS!**

Ages: 19-99
**No curling experience
is necessary!**

GET CURLING

Learn to Curl: An 8 week introduction to the sport of Curling.

The cost is only \$99.00 plus GST and includes all rental equipment.

Fall 2022: October 12 – November 30

Winter 2023: January 11 – March 1, 2023

Tuesday/Thursday Seniors League: An excellent way to stay fit and make friends. Have fun Curling every Tuesday and Thursday morning.

Stick Curling League: Please contact MICC to sign up and for more information!

Wednesday Super Seniors: Our more competitive seniors league.

Play against the best every Wednesday morning



**For information on these and our other leagues and events please call 250.554.1911,
email micc1@telus.net or visit mcarthurislandcurlingclub.com**