

## ADVERTISING PROOF

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# WHEN IN DOUBT, CHECK IT OUT

With over 142,000 residents spread over 44,000 km<sup>2</sup>, the Thompson-Nicola Regional District is a **Diverse Community**, and that requires **Diverse Recycling Solutions**.



Curbside Collection? TNRD Eco-Depot or Transfer Station?  
Local Bottle Depot? Find out what options are in your community.

Much of the paper and packaging we throw away every day can be recycled, it just needs to be put in the proper place so it doesn't contaminate other recyclables.

Reach out to the TNRD or the Recycle Council of BC for more;  
[rcbc.ca/recyclepedia](http://rcbc.ca/recyclepedia) or call 1-800-667-4321

Be sure to follow us for all the latest information  
[tnrd.ca](http://tnrd.ca) | 1.877.377.8673 | [recycleright@tnrd.ca](mailto:recycleright@tnrd.ca)

## COMPOSTING 101

### WHAT IS COMPOSTING?

Whether you want a garden filled with summer flowers or you want to grow fruits and vegetables, composting is the gift that keeps on giving! Composting is a great way to recycle organic waste such as food scraps & garden waste to create rich fertilizer for the soil and plants. This makes it an efficient and cost effective way to grow a nutritious garden right in your backyard!

### BENEFITS OF COMPOSTING

When you compost you reduce your household waste by 30% - 50%. This means less trash is going into our landfills and your carbon footprint is reduced. Through composting the soil is enriched organically thus providing it with many nutrients and eliminating the need for chemical fertilizers.

### A FEW TIPS

Choosing the right composter for you. There are plenty options of composters for you to choose from, depending on

where you live or how much time you have, there is a composter out there for you. You could decide to purchase or DIY a compost bin. Types of composters include, Backyard Composters, Worm Composters and Green Cone Digesters.

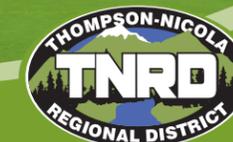
### HOW TO COMPOST

Remember, 'brown + green + water = compost'. The 'browns' are for carbon, which help feed the decomposers to easily break down organic waste. The 'greens' are for nitrogen which help grow and reproduce the decomposers faster. Make sure your proportions are balanced and you aerate often to prevent odor.

### WHAT GOES IN AND WHAT DOESN'T

This depends on the composter. In general, composters accept fruit and vegetable waste, garden waste and shredded newspaper. Be sure to look at the instructions of each composter to see what is accepted and what is not. For additional information on the different composter functions, the set up, and where to purchase one, be sure to visit our website [www.tnrd.ca/compost](http://www.tnrd.ca/compost) or contact the TNRD directly at 1-877-377-8673 or [recycleright@tnrd.ca](mailto:recycleright@tnrd.ca).

The local TNRD libraries have additional resources on composting.



**THOMPSON-NICOLA**  
REGIONAL DISTRICT