

Society for Learning in Retirement



With stunning glacial lakes, verdant volcanic hills and terraced walking trails it's no wonder retired folks are drawn to B.C.'s Okanagan: the area has seen an unprecedented influx of seniors recently; their population currently topping 30 per cent in some communities. The geological discoveries of this unique valley are a favourite topic of exploration for members of the Society for Learning in Retirement, (SLR) a registered non-profit organization based in Kelowna.

Open to all mature adults, the SLR study groups are available, either in class in Kelowna or on Zoom from anywhere in the country, and are free of stress: no homework, no exams!

Come join us for a journey into the beginnings of Yoga and Buddhism, or discover more about the universe; our amazing planet and its place in the Solar system, or travel to the many culturally rich countries of Africa.

If something more creative suits your fancy, SLR has study groups and workshops on Painting, Art History, Tarot Cards, Poetry and Writing groups. Politics an area of interest? Try SLR's classes in Current events.

From Astronomy to Art, Africa to Afterlife, Current Affairs to Caregiving, Music to Mindfulness, Politics to Photography, Writing to Wine groups, the discussions are led by a host of knowledgeable specialists, including professors and instructors from UBCO and Okanagan College.

Once you join, you'll be hooked!

"There is no better venue for mature adults to engage in learning and discussion of subjects of interest to them," said Joanne Lund, a senior who also enjoys the social relationships she has made since joining the learning centre a few months ago. Lund said exploring subjects of interest through SLR helps her mind stay active and curious. She's also met and made friends in an atmosphere of camaraderie, fun and support.

So check out our website at: www.slrkelowna.ca and brighten up your Okanagan's winter days by joining the life-long learning community of SLR.

We're located at SLR headquarters, 1434 Graham Street, Kelowna.

Any questions? Call our office manager at 250-448-1203 or email registrar@slrkelowna.ca



- History
- Art
- Writing
- Poetry
- Current Events
- Geography
- Health
- Much more

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